

Gluten Free Options

MONDAY:

- JACKET POTATO WITH TUNA MAYO, BAKED BEANS OR CHEESE
- **PASTA WITH TOMATO SAUCE OR ITALIAN CHICKEN***
- CHICKEN CAESER SALAD (NO CROUTONS)
- CHICKEN TIKKA MASALA (NO NAAN BREAD) (WK3)
- **CHEESE AND HAM TOASTIE***
- **SAUSAGE AND MASH (WK1)***

TUESDAY:

- JACKET POTATO WITH TUNA MAYO, BAKED BEANS OR CHEESE
- **PASTA WITH TOMATO SAUCE & / OR CHEESE***
- CHICKEN CAESER SALAD (NO CROUTONS)
- **CHICKEN SHAWARMA WRAP***

WEDNESDAY:

- JACKET POTATO WITH TUNA MAYO, BAKED BEANS OR CHEESE
- **PASTA WITH TOMATO SAUCE & / OR CHEESE ***
- **GF PIZZA—MARGHERITA OR PEPPERONI***
- CHICKEN CAESER SALAD (NO CROUTONS)
- ROAST PORK OR GAMMON (NO STUFFING) (WK1 & WK3)
- VEGETABLE BIRYANI

***RED ITEMS PREORDER ONLY COME TO MAIN CANTEEN BEFORE 3PM ON DAY**



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THURSDAY:

- JACKET POTATO WITH TUNA MAYO, BAKED BEANS OR CHEESE
- PASTA WITH TOMATO SAUCE, AND /OR CHEESE
- CHICKEN CAESER SALAD (NO CROUTONS)
- MIXED BEAN AND VEGGIE CHILLI NACHOS (WK3)
- PULLED PORK BAGEL/ROLL
- CHEESE & TOMATO TOASTIE
- CHEESE & PEPPERONI TOASTIE
- TERIYAKI CHICKEN WITH RICE NOODLES (WK4)



FRIDAY:

- JACKET POTATO WITH TUNA MAYO, BAKED BEANS OR CHEESE
- PASTA WITH TOMATO SAUCE OR ITALIAN CHICKEN
- CHICKEN CAESER SALAD (NO CROUTONS)
- SAUSAGE AND CHIPS (WK2)*
- CHIPS*
- CAJUN CHICKEN WRAP

*FRIED IN SAME OIL AS OTHER ITEMS.

*RED ITEMS PREORDER ONLY—COME TO MAIN CANTEEN BEFORE 9AM ON DAY

